

Commission fines President/Regent-elect \$355

By Tim Rohwer

Jennifer Newhouse, UNO's newly-elected Student/President/Regent, was fined \$355 Monday by the Election Commission for seven grievances filed against her for unethical campaign practices during last week's Student/President/Regent run-off election.

The commission rendered its decision following a meeting Sunday night which addressed 12 grievances filed against Newhouse, said Jake Fargher, UNO's election commissioner.

Newhouse defeated Mike McKenna by 17 votes in last week's Student/President/Regent run-off election.

Fargher said Monday the upheld grievances concerned alleged libelous statements by sup-

porters of Newhouse against McKenna, a supporter talking to voters within restricted voting areas, and misuse of a campaign banner.

Fargher said Newhouse was fined \$50 for each of the seven grievances, plus \$5 for which she was fined on the day of the election for alleged plagiarism. He said four grievances addressed at the meeting concerned alleged use of plagiarism. The commission felt the \$5 fine was sufficient in satisfying those grievances, Fargher said. Another grievance was dismissed for being similar to one of the seven grievances upheld.

About 30 students, including Newhouse and McKenna, attended the meeting Sunday night.

At the meeting, Fargher said the grievances filed for Newhouse's alleged use of plagiarism

concerned flyers she passed out that featured quotes from a book by Robert Fulgham without attribution.

"I do not believe Jennifer had copyright permission to use his quotes," McKenna told the commission.

Newhouse said the use of Fulgham's quotes without attribution was unintentional and that she took the quotes from a poster. She said she discussed the issue with two English instructors and both said she was not guilty of plagiarism.

Newhouse said she put attribution to Fulgham on all her flyers as soon as she heard complaints about the quotes.

When the grievances concerning alleged libelous statements by Newhouse supporters were discussed, several students said they were

approached by Newhouse supporters who said McKenna tried to fix his own parking tickets when he was chief justice of the Student Court last year.

"If nine people were swayed by lies, then this election is invalid," UNO student Susan Stansbury told the commission.

Newhouse responded by saying she had only one agent, an individual who had been given authority by a candidate to work in a campaign, and could not be responsible for other students talking to voters.

The commission also addressed grievances that Newhouse had a banner larger than election rules stipulate that covered the entire

See Newhouse, page 7

Panel examines '92 presidential race at forum

By Lori Clausen

A sluggish economy, an inconsistent campaign message and the national party conventions were the main reasons President George Bush was defeated in the recent presidential election, a local news announcer and two UNO communications professors said at a forum Friday.

"I think it started with the two conventions," professor Warren Francke said. "The centrist party always wins and the Democrats represented the centrist party."

Gary Kerr, news announcer at Omaha television station WOWT, added, "If the economy had turned around, President Bush would now be the president-elect."

Francke, Kerr and professor Debra Smith-Howell discussed the presidential campaign, especially the media's influence on the candidates. The forum was sponsored by the Society for Professional Journalists.

According to Smith-Howell, an inconsistent message hurt Bush the most.

"The Clinton campaign stayed on its own ground and kept control of its message," she said. "In 1988, the Republican agenda was controlled while in 1992 there was no consistency in the Bush campaign."

Kerr said Independent candidate H. Ross Perot's inability to define his candidacy was instrumental in his defeat.

"There was a great difference in how Perot was portrayed in the beginning and the end," Kerr said.

"At first he said refreshing things and then when it came time for Perot to define himself, Perot didn't do it. That caused a 180 degree change in the media which hurt Perot."

"You have to look at how candidates are covered," Smith-Howell said.

"If they are not seen as threats, they are given more tolerance."

"When Perot became a serious challenge in July, the media wanted to know more, and little things came up. Whoever is in front or challenging will be more critically examined."

The importance of television talk shows in a political campaign was also discussed.

"Talk shows became extremely important, which was a big change," Kerr said. "It gave the candidates the opportunity to get their ideas forward without filtering through the media."

He added that while television was criticized for its coverage of the elections, improvements have been made both with cable television and the regular networks.

On NBC, for example, an attempt was made to give the candidates more air time to discuss the issues, Kerr said.

"But there is still a long way to go. You can't explain a health care program in 25 seconds," he said.



Lady Mav Laura Monahan celebrates UNO's win over Augustana Friday.

Lady Mavs topple No. 9 Augustana

By Lance Braun and Scott Shiller

The UNO volleyball team jumped all over two conference opponents last weekend and jumped into third place in the North Central Conference (NCC).

The No. 19 Lady Mavs posted victories over No. 9 Augustana 15-9, 15-7, 15-9 on Friday and South Dakota State 15-11, 15-13, 16-14 on Saturday to raise their record to 26-11 overall and 6-3 in the conference.

Both contests were at the UNO Fieldhouse.

"Everything just clicked this weekend," said junior Shannon Hop. "We did a very good job of communicating this weekend, and we served aggressively. Everything just seemed to go our way," she said.

Things weren't always going UNO's way in the first game against Augustana. The Lady Mavs fell behind 9-4, but fought back to take the game 15-9.

UNO took an early second game lead, then survived a long exchange of side-outs to outlast Augustana 15-7.

The third game was much closer than the previous two, as UNO was forced to rally from a 9-7 deficit to win the game 15-9 and sweep the set.

"This was a really, really important victory for us," said Lady Mav Coach Rose Shires. "We played very well throughout the match. We stayed very poised and were able to capitalize on their mistakes. Everyone played really well," she said.

Junior Laura Monahan had 10 kills and 18 digs to pace

See Lady Mavs, page 9

Smokers fight the habit

Second in a two-part series about smoking.
By Elizabeth Tape

More than 43 million people across the United States have quit smoking, according to the American Cancer Society (ACS). The 1989 Surgeon General's Report disclosed that the prevalence of smoking decreased from 40 percent in 1965 to 29 percent in 1987.

Dr. Helen McIlvain, assistant professor of Family Practice at the University of Nebraska Medical Center, said for those attempting to quit, planning ahead often plays a significant role.

"Smoking is a pretty complex behavior and I think it takes more thinking about how to do it in order to do it successfully," she said.

Most successful "quitters" manage the feat on their own and do it by going cold turkey, she said.

For those considering quitting, McIlvain said, "The first thing I would do is to assess whether or not they were truly addicted to the nicotine," she said. "Usually, if a person is smoking a pack or more of cigarettes a day, especially if they have their first cigarette within 30 minutes of getting up, there's a good chance they have an addiction to the nicotine."

If so, it might also be beneficial to talk with a physician about the nicotine patch," she said.

Second, McIlvain said a person should look carefully at any serious "quit" attempts they have made in the past.

"Look first of all at things they did that were helpful, like chewing gum, starting an exercise program, playing with a 'worry stone' or taking walks whenever had a crave," she said. "They should look at these things that worked for them and write them down."

McIlvain also said a person should look carefully at what situations caused them to have the greatest cravings and in what situations they relapsed, "Because those are going to be the danger situations in the future," she said, "and chances are, they are lurking out there again."

While McIlvain reiterates that smoking cessation is possible, she emphasizes that smoking is a complicated behavior, one that most people have continued for some time and one that can be very difficult to quit.

Food and Drug Administration director David Kessler agrees.

"The public really is fully aware of the risks of smoking,"

See Smoking, page 8

LETTERS

Facts incorrect and twisted

Dear Editor:

There has been much written in regards to columns written by Tara Muir. I, too, find much fault with what Tara says, or should I say with how Tara states her points. I do believe that much of what she has written is incorrect, misleading and twisted (as in twisting the facts).

Tara's thoughts, though, seem to be typically what you hear nowadays from many quarters. She claims to be for freedom of speech but her actions show otherwise. In almost all of the columns she has written she has not tolerated or allowed any dissenting opinions. Now I know Tara will say "I allow dissenting opinions — its the conserva-tyrants who don't allow dissent." That is exactly what I am talking about. What Tara is doing is not arguing the merits or faults about one particular train of thought, but is attacking the messenger personally. What she has done is effectively say, "The person espousing this opinion is a jerk, a male chauvinist, a fascist, etc. Therefore I do not have to even consider anything this person says, it's all bunk."

Another problem with Tara is that it seems she would be all for hate crime laws that make the speech, not the action, of a person illegal. It seems that she would also like to carry this opinion into other areas as well, such as speech that may be considered offensive to others.

The proper way for someone to disagree with a particular opinion is to say "I disagree." Simple, isn't it? Now you also have the right attempt to change the person's mind, to attempt to bring them around to your side. But in doing this you need to remember two things: 1. Never, never attack the person. 2. You will fail in changing the person's mind.

What makes me different from Tara? I will disagree with her, I will think her ideas are way off the mark. I will not attack her personally. I believe that she has a right to her opinions. If I attempt to argue with Tara, I will present an organized factual argument on why I disagree point by point. I will not call Tara all kinds of names. I will not think any less of her because she disagrees with me. I will defend her right to believe what she does, and to state those points. And finally, I will accept the fact that I will not change her mind.

Now Tara, a bit of information, if you really are trying to get people to think, to drag them out of their apathetic behavior and to get them to swim in a diversity of opinions. You have failed. What you have done is anger people with personal attacks to the point that no one (except those who already agree with you) will hear word one about what you are trying to say. As an example of the wrong way to do things I present the following quote: "Webster? Who is Webster?"

Tara, you know full well the author of that letter was referring to the Webster dictionary. Accept an authority on defining the English language. The reaction you got by that little quip was many people never read beyond that point. If they had not focused on the messenger not the message before that point, then they certainly did after that statement. When someone focuses on the messenger they tend to focus only on the negative not positive, even if they agree they will find a way to disagree. More than likely they will miss the whole point of what you were attempting to say. Would it have not been better to say "Yes, by Webster's definition my column on

racism was way off the mark. But, I was not using Webster's definition, and my column was on the mark according to the definition I used. Think about it."

Chances are you would foster thought using that tact instead of the route you chose.

Stephen Smith
UNO student

Athletes' actions in poor taste

Dear Editor:

On Nov. 4, I, along with five other women, attended a banquet in the Student Center. As we passed through the student dining hall on way to the banquet room, a group of UNO football players felt they needed to make our brief presence known by banging on the tables with eating utensils.

The timeliness of this act assured me that these men were not complaining about the quantity or quality of their dinner. My companions (including a mother and younger sister of a student) managed to laugh it off, but I'm sure they felt as cheapened and degraded as I.

The Student Center is not a nightclub or frat house, nor is it meant to be monopolized by any student organization. Think if that group of women were a university evaluation/ accreditation team, or some perspective students and parents. I then wonder if women taking study breaks or having dinner between classes are also subject to this demeaning behavior.

In light of this country's increased awareness regarding sexual harassment, and more poignantly, our city's recent tragedies surrounding the abduction and murder of several women, I would have expected the men of UNO, particularly the student athletes, to demonstrate steadfast assurance of respect, dignity, and safety for the female students and guests of this university.

Marianne Whitcomb
UNO student

Dictionaries are not unbiased

Dear Editor:

In the interest of moving the discussion surrounding Tara Muir's columns forward, I would like to put forth a number of points.

First, Muir uses the term racism within a tradition that distinguishes racism from bigotry. Anybody of any race or color can be bigoted or prejudiced. However, racism is a combination of bigotry and political and social power, which allows the bigoted group to dominate the targeted group. We live in a society which white people control to their benefit and to the detriment of people of color. Therefore, white people are racists; African-Americans, Latinos, Native Americans, and Asian-Americans are not (though some might be bigots).

Second, and most disturbing about Dr. Krause's letter is his antiquated notion that language is static and definitions reflect some type of inherent meaning of words. Dr. Krause, if anything is dangerous in this whole argument, it is the idea. You quote Webster's dictionary as if it is an unbiased, apolitical source that is not affected by history or changing

times. Language is dynamic, human-created and socially constructed. Words are constantly getting redefined. Language and meanings change. That is why Webster said "A living language must keep pace with improvements in knowledge and with the multiplication of ideas." That is also why there is more than one edition of your beloved Webster's dictionary.

But an even more important point for you to understand (and any of my students if you're reading this) is that dominant cultures get to define words. That is part of what makes them dominant. And believe me, Webster was part of a dominant culture. It is no accident that a white man got to write one of the most used and quoted (especially by other whitemen) dictionaries of the English language. That doesn't mean that it is unbiased or that there is such a thing as an "actual definition" (your words) in it. Dominant dictionaries reflect the dominant culture.

This is not a radical idea put forth only by feminists and people of color. Some really smart white men have argued this very cogently in a multitude of modern philosophical works (try Michel Foucault for one). Ask anybody in the humanities — English, political science, communication, critical studies — who has been to graduate school in the past 15 years. Believe me, this idea is quite well-accepted.

So now we have people of color redefining the word racism. Why shouldn't they do what white people have been doing for hundreds of years in this country? And why should this be so scary or threatening? They are simply entering the arena of academic and philosophical argument, a pretty moderate activity, I'd say. We'd do well to listen to them.

I'd like to end by saying that I'm glad this argument is out in the open and I would invite Dr. Krause and all faculty members (as well as students) to take advantage of the prejudice reduction workshops that will be occurring on this campus soon. It can only make us better people.

Hollis Glaser
UNO faculty

Voter turnout disappointing

Dear Editor:

A recent article criticized the voter turnout for the Student President/Regent elections. If that is all the support these candidates can recruit, I feel sorry for them.

I considered running for the office, but after further review I found that transfer students are prohibited from holding that office. If I have not established enough residency to run for office, then I lack sufficient foundation to vote.

The residency requirements have a disparate impact on transfer students because it automatically precludes them from such activities and discourages their participation.

Yes, it is upsetting to know that friendly students who have attended school here for a minimum of two years could not encourage more voter participation.

I was told the reason for the residency requirement was to insure that the candidates have knowledge of the school, but to quote one of the candidates, "All I really need to know to be your regent, I learned in kindergarten."

Patrick D. Hall
UNO Student



LET THE AIR FORCE INVEST IN YOUR MEDICAL FUTURE.

If you're a medical student, you have enough on your mind. Today's Air Force offers a scholarship program that can greatly reduce your financial burden. Under this scholarship, you continue your present studies — focusing on your medical training instead of how to pay for it. Participation is based on competitive selection. For information, talk to an Air Force representative. Call

USAF HEALTH PROFESSIONS
TOLL FREE
1-800-423-USAF



Pickles
CD'S & TAPES

\$12.97
CD Heaven

Every CD in our eight stores is now \$12.97 or less every day!

(Only exclusions: Gold, Imports & Half-Disc Sets)

Pickles
CD'S & TAPES

30th & Farnam, 138th & Q-Millard Plaza, 80th & Dodge, 144th & Center-Harvey Oaks
Plus Four Stores in Lincoln • Now Thru Dec. 31, 1992

OPINION/EDITORIAL

Will Clinton keep his word?

Even though the race for president is over and some are either jumping for joy or cursing at the wind, the American people are left holding the bag again. It always ends up this way. Regardless of who wins, we all pay the price. People say they want change for our country, but change is the only thing in the world that doesn't change. Think about it.

Clinton's presidency, for many, will be the biggest change in their lives. Those under 20-years-old were 8-years-old, even younger, the last time this country envisioned such a change.

Some, not all, have moved along and even up in those years. Others have been waiting just as long for what is happening right now.

My question isn't whether we need changes in how our nation has been operating, there's positive proof of that every day. Crime, violence, welfare, poverty, a troubled education system and homelessness are all on the rise in what every politician calls "the greatest nation on the face of the earth."

But the question I ask is if Clinton is the right man for the change. Or did he just play the right cards? Did he run for office to actually correct the problems our nation faces or did he just run for the office?

I guess we'll all find out after the next four years. Actually, I give him two years. Two years from now, in 1994, the plans Clinton has promised should be underway.

There are a few things we can hope for and hope against in these next four years.

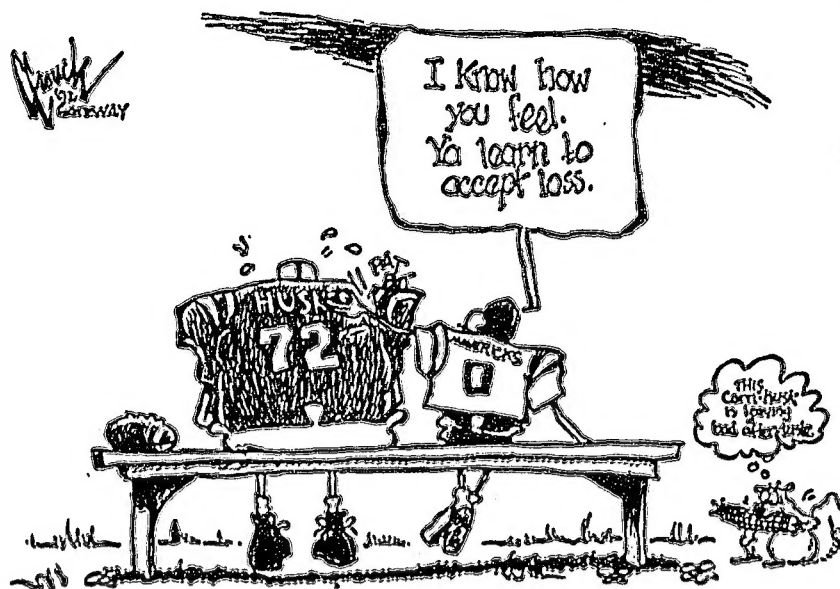
We can hope for Clinton to make true his plan for educational financial assistance. This plan is supposed to reorganize the system as we now know it. It is supposed to help those who need it and punish those who abuse it.

We can hope against any world crisis. If the Middle East was to fall apart at the seams within the next four years, what would we do? The world, as well

as our country, will be dealing with a new administration. Anything can happen.

Better yet, what would Clinton do? I know I'm not counting on his military experience, not during Vietnam or his vast experience with deploying the Arkansas National Guard. It might even be different if the man stood firm to his beliefs of the 60s and 70s today; but he didn't. First it was denial, then it was "yes, I did avoid the draft, but ..."

Let's seriously consider what could happen. If the Soviet republics were to unite against each



other or the U.S., how would our Commander-in-Chief react? He can't hide behind the ROTC for help in that situation.

Those of you who are considering starting a small business, think again. Your percentage rate for your small business loan and your taxes would be anything but small.

It's really sad that the majority of the voting American public was sold, and I mean sold, on Clinton. His advisors had to be advertisers, and that's how he won the election. He sympathized with what the people cried, but I just don't know if he'll answer all the cries he promised to

silence.

It is too bad that society couldn't see past this moment. We have been the greatest nation in the world, but I'm not so sure we are right now. It is going to take more than a good campaign to make the change. It is going to take not just one leader, but many, to lead us where we want to go and need to go, not where we feel we want to go. As a nation, the U.S. has led the world over the past two centuries in many ways. But today, with the world changing by the hour all around us, I hope people won't be looking back two years from now saying, "I wish..."

Thanksgiving must be looked at in proper context

Thanksgiving is a time to give thanks, a time for all the children to dress up like good Pilgrims and happy Indians in the school play, and then sit down at a huge table of food and pig out. I would like to take this opportunity to ruin your Thanksgiving.

Edward Zinn, the author of "A People's History of the United States," wrote his history book from the viewpoint of the people who lost the wars and those who were the victims of the "violent beginnings of an intricate system to technology, business, politics, and culture that would dominate the world for the next five centuries."

A pattern had already been set for world domination by the Europeans when Christopher Columbus "discovered" the new world, actually the Bahama Islands, in October of 1492. Because he discovered a land with only traces of gold, he ordered all Indians fourteen-years or older to collect a certain quantity of it every three months. If they did not, their hands were cut off and they bled to death.

The native Indians of the Bahama Islands, the Arawaks, who numbered 250,000 in 1492, only numbered 125,000 in 1494. By 1515, 50,000; by 1550, 500. By 1650, none of the original Arawaks or their descendants were alive.

I believe there is a term for the deliberate and systematic extermination of a nation or race: genocide.

Thus the foundation of genocide on behalf of capitalism was laid. What Christopher Columbus did to the Arawaks was duplicated by Cortes to the Aztecs of Mexico, by Pizarro to the Incas of Peru, and the English settlers of Virginia and Massachusetts to the Powhatan and the Pequot Indian tribes.

And thus, the real history of Thanksgiving, the one that doesn't skip the details: The Pilgrims did land in America on Dec. 21, 1620, where they stayed the winter aboard ship. The 1974 version of the Encyclopedia Britannica states that 47 of the settlers died from the same plague that killed 95,000 of the 100,000 Indians that were living on land. The encyclopedia

doesn't state that Capt. John Smith of Virginia had been to the Plymouth area in 1614 and fought the Indians while making his map for the Pilgrims. This was suspiciously at the same time the Indians began dying from the plague; the plague that the white man brought them.

According to the encyclopedia, after that first winter, "both races had been weakened by the plague and needed one another. Their common efforts at survival gave rise after the autumn harvests to the feast of Thanksgiving, the first and since 1621, the most characteristic celebration of the peoples of the United States."

But the English settlers, those Pilgrims or Puritans, after surviving the first winter, didn't want gold or slaves as their

TARA MUIR COLUMNIST

predecessors did before them. They wanted property, and they had God on their side. They quoted from the Bible, Psalms 2:8: "Ask of me, and I shall give thee, the heathen for thine inheritance, and the uttermost parts of the earth for thy possession."

To justify the force they used to take the land from the Indians, they cited Romans 13:2: "Whosoever therefore resisteth the power, resisteth the ordinance of God: and they that resist shall receive to themselves damnation." These beliefs led to the almost total extermination of Native American Indians not only in Massachusetts, but across the entire United States.

But again, the history books like to gloss over that genocide stuff. An excerpt from William Bradford's "History of the Plymouth Plantation" describes a raid on a Pequot village: "Those that escaped the fire were slain with the sword; some hewed to peeces, others run throw with their rapiers, so as they were quickly dispatcht, and very few escaped... It was a fearful sight to see them thus frying in the fyer, and the streams of blood

quenching the same, and horrible was the stincke and sent there of, but the victory seemed a sweet sacrifice, and they gave the prayers thereof to God..."

Definition of holocaust: devastation especially by fire, and the systematic mass extermination of European Jews in Nazi concentration camps prior to and during World War II," according to The Random House College Dictionary (I gave up on Webster's).

According to Zinn, "to emphasize the heroism of Columbus and his successors as navigators and discoverers, and to de-emphasize their genocide, is not a technical necessity, but an ideological choice. It serves, unwittingly, to justify what was done."

In other words, hey guys, it's survival of the fittest. We are Americans now; we have a common interest to go forward as one nation. As Bob Blankenship wrote in a letter to the Public Pulse in Nov. 12 Omaha World-Herald about blacks as slaves and whites as masters in the history books, "none of us were there; let's just forget it and be Americans."

Zinn's point is not to "grieve for the victims and denounce the executioners. Those tears, that anger, cast into the past, deplete our moral energy for the present."

His motivation for writing the victims' viewpoints of history is paraphrased by him from a statement he once read: "The cry of the poor is not always just, but if you don't listen to it, you will never know what justice is."

A country that is ignorant of the truth of its very own history is a violent society that lives in fear of cultures it does not understand. I prefer we become a country that is aware and knowledgeable of the atrocities of life and death, of power and oppression in our past and our present, in order that we may truly lead the world to a future of equality and justice for all. We must look at Thanksgiving in the proper context. The Indians in history didn't just magically disappear as easily as the children in the school play shed their feathers and war paint.

Gateway

EDITOR

ELIZABETH MERRILL

PRODUCTION

STAFF

DANIEL CRAWFORD

TODD MOOTHART

NEWS EDITOR

TIM ROHWER

ART BEAT EDITOR

KIM DESPINS

SPORTS EDITOR

DAREN SCHIRAT

COPY EDITOR

SIBYL SPENCER

PHOTO EDITOR

ED CARLSON

FEATURES

EDITOR

DALE STILES

SENIOR

REPORTER

LANCE BRAUN

CARTOONIST

CHAD CROUCH

ADVERTISING

MANAGER

SHANNAN JOHNSON

ASST. AD

MANAGER

TOM LOMBARDO

CLASSIFIED AD

MANAGER

BRENDA WILSON

PUBLICATIONS

MANAGER

ROSALIE MEICHES

The Gateway is published by the University of Nebraska at Omaha Student Publications Committee on Tuesdays and Fridays during the spring and fall semesters and on Fridays during the summer.

Opinions expressed are not necessarily those of the University of Nebraska at Omaha or the NU Board of Regents. Opinions in signed columns, letters to the editor or paid advertisements do not necessarily reflect the opinions of the Gateway staff or the Publications Committee.

Inquires or complaints should be directed to the editor, advertising inquires should be directed to the advertising manager. Copies of the Student Publications Committee inquiry/complaint policy are available in the Gateway office.

The Gateway is funded as follows: 70 percent advertising revenue, 30 percent student fees allocated by Student Government. Typesetting and makeup by the Gateway.

Address: Gateway, Annex 26, UNO, Omaha, NE, 68182. Telephone: (402) 554-2470.

Copyright 1992 Gateway. All rights reserved. No material printed here may be reproduced without permission of the editor.

Letter policy: Letters will be selected for publication on the basis of timeliness, clarity and available space. The editor reserves the right to edit all letters for publication.

Letters must be signed using the first and last name or initials and the last name. Letters must include the writer's address and phone number although this information will not be published. Letters to the editor exceeding two typed pages will not be considered for publication.



PRIZE WINNING
NEWSPAPER
1992
Nebraska Press Association



The Gateway:

SAMMY, GET WELL SOON.

NEWS CLIPS

Benefit for homeless at Eagles Hall Friday

A benefit for Omaha's homeless will take place Friday at the Federation Order of Eagles (F.O.E.) Hall, 24th and Douglas streets.

The benefit starts at 6 p.m. and admission is \$5 per person or \$3 with a winter clothing donation. Bands playing for the event include Mollisol, People Bomb, No Left Stone, Fifth of May and Guerilla Theater.

The UNO Student Volunteer Action Committee, Electric Gypsy Productions, Homers Records and the Alliance of Family Shelters are sponsors of the event, called "Gaullimaufry," to raise money and awareness about Omaha's homeless problem.

All proceeds go to the Alliance of Family Shelters.

Lecture focuses on mole-rats and monkeys

David Abbott of the Wisconsin Regional Primate Research Center will present a talk titled "Social Status and Reproduction in Naked Mole-rats and Marmoset Monkeys" Friday at 1:30 p.m. in the Omaha Room of the Student Center.

Abbott is considered one of the nation's leading experts in reproductive physiology and behavior.

Abbott's lecture, sponsored by UNO's psychology department, is open to all UNO students, faculty and staff.

Sue Eledge will speak at Jaycees meeting

Sue Eledge, vice-president of membership for the Omaha Chamber of Commerce, will speak at the November General Membership

meeting of the Omaha Jaycees Wednesday at 7 p.m. at the Scorecard Lounge, 144th and Dodge streets.

Eledge's duties include creating and implementing programs for the acquisition of area businesses along with their retention.

The Omaha Jaycees are part of an international business network helping young Omahans cultivate their full potential in individual, community, management and membership development.

Membership is open to anyone between the ages of 21 and 39 without regard to race, religion or sex. For further information call 346-2610.

Movie shown at Religious Center

"One Flew Over the Cuckoo's Nest," starring Jack Nicholson, will be the featured movie at the pizza and movies event Friday at 6 p.m. at the University Religious Center, Happy Hollow and Dodge streets.

A discussion will follow the film. For more information call 558-6737.

UNMC pharmacy offers discounts to students

The University of Nebraska Medical Center clinic pharmacy offers prescription services at a discounted rate to all UNO students and employees.

Employees, students, spouses and dependents can receive prescriptions at the cost to the hospital plus \$1. Non-prescription medications also are available at the cost to the hospital.

The pharmacy is located on Level 2 in the Clinic Building of University Hospital. For more information call the pharmacy at 559-5215.

December deadline for Gerbracht Scholarship

The application deadline for the William Gerbracht Memorial Scholarship is Dec. 1, 1992.

The scholarship is for dependents of UNO faculty and staff members who will be incoming freshmen during the 1993-94 academic year.

Applications are available from the Financial Aid Office in the Eppley Administration Building. A memo from the faculty/staff member stating the student is a dependent needs to be included with the application.

NBDC opens North Omaha center

The Nebraska Business Development Center (NBDC) recently opened its first specialty center to serve minority business enterprise.

The new center, which is funded by the Ak-Sar-Ben Minority Affairs Committee, is located at the Omaha Business and Technology Center, 2505 N. 24th St.

NBDC is a cooperative program of the U.S. Small Business Administration and UNO. It has provided management and technical assistance to small businesses in Nebraska since 1977.

Honors Program to hold information luncheon

The UNO Honors Program is sponsoring a Graduate Information Seminar on Nov. 23. The brown-bag luncheon will focus on the graduate school application process and includes a question-answer period. The seminar will feature Dr. Calvin Davis, assistant dean of the University of Nebraska Medical Center; Mrs. Carla Frakes, coordinator of Graduate Studies; Dr. Kent Kirwan, political science professor; Dr. Michael Lawler, dean of the Creighton Univer-

sity Graduate School; Dr. George Pfeffer, chemistry professor; and Jeannine Phalen, vice president of the Education Planning Center. The seminar will be moderated by Dr. Rosalie Saltzman, coordinator of the Honors Program.

The seminar is free and will be held from noon until 1:30 p.m. in the Student Center Council Room. For information call 554-2696.

Pen and Sword Society is looking for new toys

The Pen and Sword Society is sponsoring Toys for Tots through Dec. 15.

Students may bring new toys to the Pen and Sword Society at Room 127 in the Student Center.

For more information call Tim Cawthorn or John McCarroll at 558-3732.

Go buy a yourself a book; we're going on vacation

The university will be closed Nov. 26 and 27 for Thanksgiving and there will be no classes on Nov. 25, 26 and 27, so there is no reason for us, the Gateway staff, to hang around campus next week.


The Gateway will not be published next week because of the holiday, but will hit the stands again on Dec. 1.

All about News Clips

News of your campus organization's functions could go here. All it takes is a brief description of the activity, along with the date, time, and location of the function.

Send your information to News Clips, the Gateway, Annex 26.

News Clips are printed in accordance to space constraints, so please send your message at least 10 days in advance.



SG-UNO is currently taking applications for:

2 Publication Board Members

2 Student Court Members

- Chief Justice
- Justice

Deadline to apply, Dec. 1st

For more information

call 554-2620
or stop by
MBSC 134.

SPO is now accepting applications for the following positions:

- **Films Chair**
- **Multi-Cultural Chair**

Applications due Dec. 4th at 5 p.m.

Applications available in the SPO Office-Student Activities office 2nd Floor, MBSC. For more information call 554-2623

Stress hits college students hard

(CPS)—Whether it's slaving over books or at a part-time job, college students risk burnout with late hours and hectic schedules in the race to get a diploma.

Workaholicism wears many faces in the college population: It shows up in an overachieving, perfectionist "superstudent," a cash-strapped scholar juggling a job and schoolwork, or a college athlete who squeezes study between hours of practice, say psychologists who counsel stressed-out students.

"There is a sense, nationwide, that mental health staffs are seeing more distressed college students," said Phillip Meilman, director of counseling at the College of William and Mary in Virginia and author of "Beating the College Blues."

"There is no hard data, however, but there are more serious problems," Meilman said, noting that substance abuse is often an attempt to regulate stress.

The average college experience today is no longer the easy, untroubled transition into adulthood that it used to be.

"The stakes have been raised to the point that everyone has to do more to arrive at the same place, and that becomes stressful and unhealthy," Meilman said.

Mental health experts agree that economic problems are taking a toll on students, and many are seeking help at university counseling centers to cope with the complexities of their lives.

"The increasing cost of college, the problematic economy, coupled with students placing unrealistic demands on themselves, are having an impact on students and how much they can engage in the learning process," said Alan Berkowitz, director of the counseling center at Hobart and William Smith Colleges in New York.

Students are working more hours at part-time and full-time jobs and are getting paid less for their efforts. Educators complain that bleary-eyed students, struggling to pay rent and tuition, often put academics on the back burner.

However, colleges and universities are becoming more enlightened about stress.

New York University has more than 50 programs in residence halls to assist students in coping with stress. One group, known as "Peers Ears," offers walk-in offices staffed with trained students who offer support and encouragement to harassed students.

At Swarthmore College in Pennsylvania, a campus-wide "howl" can be heard for miles the night before exams as students are encouraged to let off steam with a horrifying school-wide primal scream. The occasion has been dubbed "Students Collectively Realizing Exams Are Monday," but is better known as SCREAM.

Student stress seems to get worse as years go by, according to an article in The New York Times that recently reported

that the mental health center at the University of Washington in Seattle sees more graduate and professional students than undergraduates, and more seniors than juniors.

Even at institutions where money worries take a backseat to academic concerns, the issue of workaholicism has taken on new dimensions in the past five years.

At Harvard University, for example, academic and sports competition has become so fierce that students are being offered a new relaxation program to help them let go of health-draining stress.



"We are organizing a program with Herbert Benson, the author of 'Relaxation Response,' to help our people learn his techniques," said Dr. Randolph Catlin, director of mental health services at Harvard University.

"We tend to have high achievers here," Catlin said. "There is an old adage that everyone here is used to being in the top 10 percent of their high school class, and it's hard to realize that only 10 percent get into our 10 percent."

Athletes also face conflicting pressures to succeed academically and win in sports competition.

"We look forward to working with coaches eventually," Catlin said. "There is a lot of stress among the swimmers,

divers, and track stars."

Mental health workers say that habitual, addictive work patterns among college students have childhood roots, and even children as young as 4, 5 and 6 are feeling pressured to compete with their peers in today's world.

"There is a lot of rewarding of that kind of behavior in our society," said Dr. Mort Ormond, author of "The 14-Day Stress Cure," who says that students of all ages are suffering an "epidemic of stress."

Some reports have shown that student stress, particularly around exam times, is associated with a decline in the body's immune system defenses, leaving it vulnerable to illnesses ranging from the common cold to recurring herpes attacks.

Studies indicate that not only do students suffer anxiety over test results, but they have an increase in irritability around examination time that is accompanied by a decline in positive experiences and socializing.

At the University of California at Berkeley, a coffee shop manager reported that business increases by 30 percent the week before exams when 550 pounds of coffee are consumed by stressed-out students in comparison to the usual 400 pounds.

Mental health experts say they can often chart the stress level at their institutions by the academic schedule and the time of year.

"We can see the stress level by the caseload at the counseling center," Meilman said.

"It is usually low at the beginning of the academic year, it crescendos at midterms, and from midterms to finals it is running at a peak. After finals, the caseload drops to zero," he said.

"Right now I am trying to deal with an onslaught of new cases. I feel like an air traffic controller who is trying to control patients getting to therapists," he said, adding that he had eight student file folders on his desk, but no counselors available.

"Students always wait until they are in great distress before seeking help," he said.

Meilman said that 25 percent of the student body at the College of William and Mary are employed, and working students are generally more prone to stress.

But Meilman said he is most concerned about a certain type of student, who may or may not hold an outside job, but who is "perfectionistic, intense and tense: with a tendency to be anti-social and who often spends long, isolated hours in the library."

"Their lives have become a grind," he said.

Treatment for workaholicism requires a realization on the part of the student that they are behaving in a compulsive way. In many cases, Meilman said students are unaware of their unhealthy attitudes toward work.

Take the class ...

Explore all facets of the exciting aviation industry and receive college credit by taking *Intro to Aviation!*

Class includes:

- Career opportunities in aviation
- Overview of aviation industry
- Detailed information on the UNO Aviation Institute

No prerequisites are required!

For more information, stop by or call:

Allwine Hall 422

402/554-3424

1-800-858-8648

(In Nebraska and Iowa only)



University of
Nebraska at
Omaha

The University of Nebraska at Omaha does not discriminate in its academic, employment or admissions policies and abides by all federal, state and regental regulations pertaining to same.



Join Us For...
**WICKED
WEDNESDAYS**

8 pm to close

25¢ Draws 75¢ Well-Drinks

Hottest Music and Great Dance Floor
Music Starts at 9PM

25 Scott Street Council Bluffs Only

IMMIGRATION LAWYER

Stanley A. Krieger

9290 West Dodge

Rd. Suite 302,

Omaha, NE. 68114

#(402)-392-1280

Practice limited to

Immigration Law

Member, American Immigration

Lawyers Association

Gender Issues Forum

sponsored by

Chancellor's Commission

on the Status of Women (CCSW)

Express your opinion about gender equity at UNO

Thursday, November 19, 1992

Noon to 1:30 p.m.

Omaha Room

Milo Bail Student Center

For more information contact

Dr. Mary Bruning, Chair, CCSW, 595-2372



University of
Nebraska at
Omaha

The University of Nebraska at Omaha does not discriminate in its academic, employment or admissions policies and abides by all federal, state and regental regulations pertaining to same.

Patch proven effective with smokers

By Michael O'Connor

The nicotine patch celebrates its first anniversary next month.

Research has proven that the patch has been effective in helping to reduce withdrawal symptoms from smoking, but is still not a cure-all for people who want to quit smoking.

David Daughton, a behavioral researcher at the University of Nebraska Medical Center, works with smokers who are attempting to kick the habit.

"Virtually every study shows that people have done much better at quitting when they use the patch," he said. "There is a much higher comfort level and a much lower level of withdrawal symptoms with the patch."

The nicotine patch releases a steady amount of nicotine into the skin, allowing a smoker to still get the benefits of nicotine without having to light up.

While statistics have shown that the patch can help smokers quit, it is not 100 percent effective.

"The American Cancer Society has reported that 25 percent of smokers who have used the patch have quit smoking," he said. "That doesn't seem very impressive, but it's actually a very high percentage."

Daughton said most programs to help smokers have relatively high quit rates because nicotine is such an extraordinarily addictive drug.

"One reason why people smoke is for the tickle they receive in the brain's pleasure center. It's the same sensation you get with illegal drugs like heroin and cocaine," Daughton said.

"Long after all the nicotine has left your system, every now and then you're going to want to stimulate your pleasure system again."

When people try to quit in groups the success rate seems to increase.

"I've seen couples, co-workers and friends who've tried to quit together," Daughton said. "They become a tight knit group that can be very supportive of each other."

Daughton recommends the patch for certain types of smokers.

"The patch is really designed for heavy smokers who are highly motivated to quit," he said. "If you're a casual smoker of about 10 to 15 cigarettes a day, then the patch isn't for you."

Daughton labeled heavy smokers as trial maintainers.

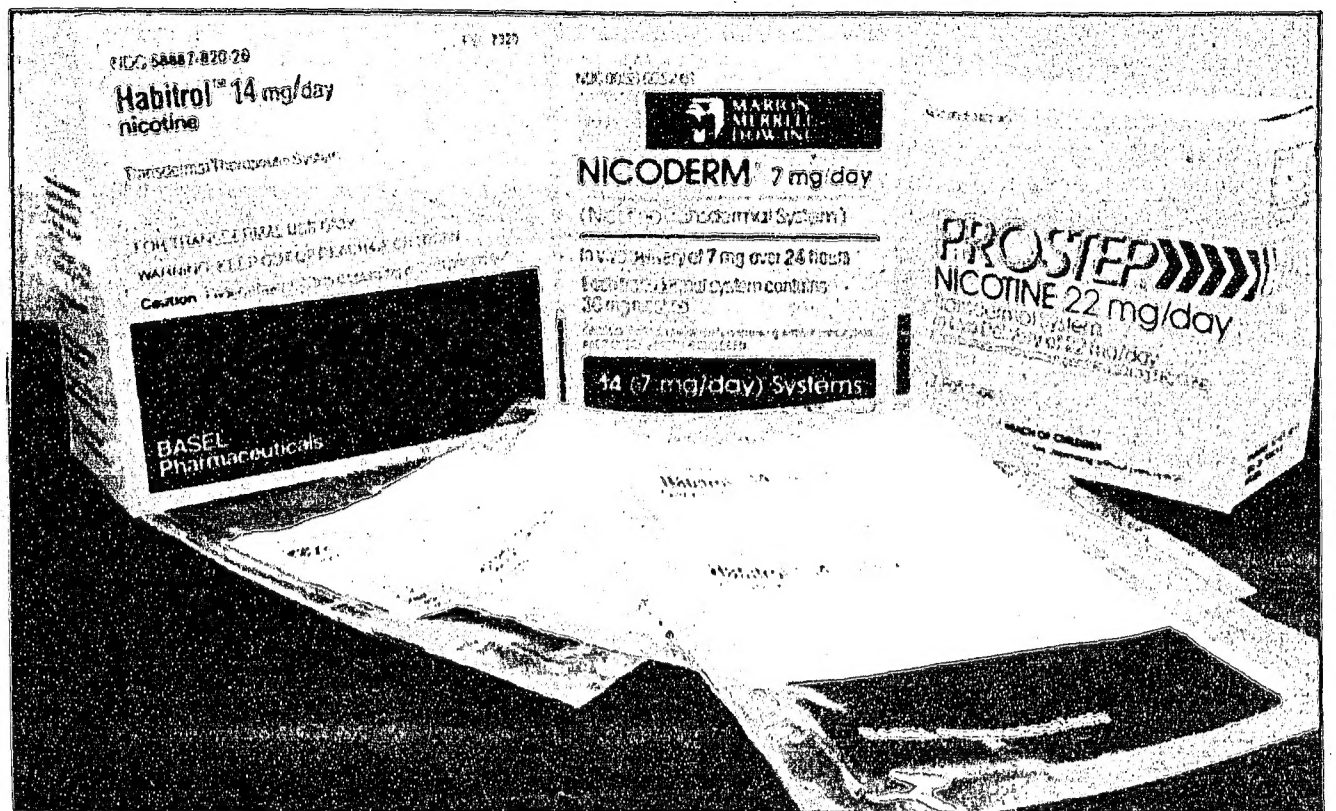
"These are the people who smoke to maintain a certain blood nicotine level to be comfortable," he said. "If you need a cigarette within a half hour after getting out of bed, then you're a trial maintainer, and wearing the patch will diminish the drive to smoke cigarettes."

For heavy smokers, quitting cold turkey is the only way to go, Daughton said.

"People can become real comfortable smoking one or two cigarettes a day," he said. "When we take them off the patch, we see that a lot of times they go right back to where they were before."

He said the two week period after a person decides to quit is crucial in determining the effectiveness of their effort.

"It's common for people to struggle and cheat a little bit



-Ed Carlson

The nicotine patch offers another option to the smoker trying to quit.

for the first one or two days," he said. "But if you're not smoke free in two weeks then you can pretty much forget it. I would strongly recommend for people to quit the patch until you are more motivated to do so."

For many people, this two week period can be a living hell.

"Sometimes people will have stomach distress, severe headaches, a drop in blood pressure, changes in brain activities, trouble concentrating, weight gain and increases in cough and phlegm production," Daughton said. "These are very real physical things that are going on, and for a smoker, that's real torture. The good news is that if you can make it past this two week period, there is a light at the end of the tunnel."

Many smokers say, "I felt great when I was smoking, and now I quit, and I feel terrible."

It's proven that smoking actually helps people concentrate. It also relaxes the smooth muscles, helps in the digestive process, and helps keep you thin," he said. "So you have all these wonderful things about smoking cigarettes. The withdrawal symptoms are the exact opposite of the benefit effects."

Daughton referred to this as "the rebound effect."

"People become irritable, restless and anxious," he said. "Physically, you're a mess, and some people just can't tolerate that. The worst part is that when these people feel this way, the first thing they would usually do is reach for a cigarette."

Since 1964, when the Surgeon General's report on smoking was made public, cigarette smoking has had a major

drop.

"The report had an effect in increasing motivation to quit, but it didn't teach them the skills to quit," Daughton said. "The people who quit tended to be less addicted to cigarette smoking. Now you've got this hardcore group to work with."

Most of the people Daughton works with began smoking at a young age.

"With teenage and college age populations the scare tactics don't seem to work too well," Daughton said. "The warnings are accepted much better by adults."

Doctors and researchers are not the only people who have noticed this. Studies show that Camel Joe has become more familiar than Mickey Mouse among today's adolescents.

"We clearly see that some cigarette companies are targeting adolescents and children through advertising," Daughton said. "There is a real knowledge among cigarette industries that we're going to have to hook them when they're young. Then you have them. You have a lifetime of income from these people."

Daughton said more emphasis should be placed on controlling smoking with teenagers.

"A tremendous amount of money is being spent by children illegally obtaining cigarettes," he said. "If you can prevent teenagers from smoking, then you will see a large overall drop in smoking rates."

Schools have responded by helping educate children about the dangers of smoking.

"A lot of people I work with have their kids telling them not to smoke," Daughton said.

MEDEVENTS

TUESDAY, NOV. 17TH

- **NOON - 12:50 P.M.** Geriatric Seminar. "Pneumonia and Influenza," Jane Roccaforte, M.D., internal medicine, Univ. Geriatric Center, room 2016.
- **7:30 - 8:30 P.M.** Greater Omaha Chapter of Impotents Anonymous. Title to be announced, Rodney Taylor, M.D., surgery, Univ. Hosp., room 5412.

WEDNESDAY, NOV. 18TH

- **8:00 - 9:00 A.M.** Obstetrics/Gynecology Grand Rounds. "The Role of Conservative Surgery in the Manage-

ment of Ovarian Tumors," Johnathan Berek, M.D., obstetrics/gynecology, UCLA Medical Center; Univ. Hosp., Cottonwood dining room.

- **11:30 A.M. - NOON.** Noon Community Health Line. "Infections During Pregnancy," Chris Harrison, M.D., pediatrics, KIOS, 91.5 F.M.
- **11:30 A.M. - 12:30 P.M.** Creighton-Nebraska Department of Psychiatry Grand Rounds. "Brain Electrical Potentials and Alcoholism," John Rorbaugh, Ph.D., psychiatry, amphitheater, 2205 So. 10th Street and by closed circuit T.V., Univ. Geriatric Center,

room 2016 and Veterans Hosp., library.

THURSDAY, NOV. 19TH

- **8:00 A.M. - 5:00 P.M.** Advanced Cardiac Life Support Provider Course. Pre-registration is required. For more information, contact Ann Fitzgerald or Rosemary Good, ext. 5919.
- **NOON - 1:00 P.M.** Alpha Omega Alpha Fall Day. Chancellor Carol Aschenbrener, M.D. For more information, call ext. 4354, Wittson Hall amphitheater.

Keep your eyes peeled for the meteor shower

By Julia Ybarra

"The sky's falling! The sky's falling!"

Chicken Little shouted this familiar line in a children's story when she believed the sky was falling. On a November night in 1966, many people who looked into the heavens, thought the same thing, because the sky seemed to be exploding. The celestial event they witnessed was the Leonid meteor shower.

This year, the Leonids have returned and will be most visible through Thursday producing approximately 10 meteors per hour. The next meteor shower is the Geminids lasting from Dec. 7-15. Its peak performance will be pre-dawn on Dec. 14 when it is expected to produce 58 meteors per hour.

A meteor shower is the result of the Earth passing through comet debris, or as an article in the November 1992 issue of *Discover* magazine noted, "fragments shed in (the comet's)

orbital wake like an overloaded garbage truck."

The November Leonids are believed to be remnants of the comet Temple-Tuttle which usually approaches near Earth every 33 years and get their name because they originate from the Leo constellation.

According to the book "Astronomy: From the Earth to the Universe" by Jay M. Pasachoff, meteors in a shower are seen from all over the sky, but their trajectories provide the optical illusion of a "point of origin." On an average, the meteors are 100 km high and travel 30 km/sec. The book also noted the best time to see meteor showers are after midnight because that side of the Earth will actually "plow through the oncoming interplanetary debris."

The Leonids, next to the August meteor showers of the Perseids, are known for their magnificent displays in the past. The years 1799, 1833 and 1866 produced magnificent astral fireworks. Unfortunately, the Leonids are also known for

their unpredictability, as shown by their absence in both 1899 and 1933.

The comet Temple-Tuttle has roughly, a 33-year cycle; this caused the showers seen in 1966. However, the cigar-shaped orbit of the comet leaves its debris in the Earth's path every year, making it possible to view them annually. Frequent observations show the Leonids are intensifying every year, climaxing next in the year 1999.

The September 1992 issue of *Sky and Telescope* magazine noted the main problem for North Americans who wish to observe meteor showers, is light pollution. In order to view a meteor shower, or any celestial event, people have get away from the artificial city lights. Complicating this ever-present problem, a half-moon was predicted to contribute its light on Monday. Even with the unwelcome moonlight, best viewing of the showers is in a remote area in pre-dawn hours.

Outlook positive for criminal justice careers

By Vera M. Venips

UNO's criminal justice students found good news Thursday at career day sponsored by their department.

"There are opportunities all across the country for people who are really interested in a career in criminal justice," said Janet Porter, UNO criminal justice professor.

She added that while many entry-level positions may not offer high salaries, a criminal justice degree is good experience and a legitimate major.

Women and minorities have plenty of career opportunities, said Ken Lant of the Douglas County Sheriff's office.

"We are actively recruiting minorities, and we definitely need more women," he said.

UNO's criminal justice department invited local, state and federal agencies to their career day. Representatives from the agencies that attended the event said a degree is not required to work for their agency, but most said a degree is preferred.

Bill Gumm, of the Bellevue, Neb., Police Department, said experience in the

form of military duty or an academic degree is appropriate for entry-level positions in that department.

Nancy King, staffing assistant of the FBI, said at least three years practical experience is required for entry-level jobs in the FBI.

A criminal justice degree does not necessarily lead to law enforcement careers, said UNO professor Miriam DeLone. Many other opportunities are available in correctional services, probation work and the Internal Revenue Service.

"We have around 800 students in our department, of which about 50 percent is female. Criminal justice is unique in a sense that it is a cross section. We offer such a variety of possibilities, including pre-law, which makes criminal justice so interesting," DeLone said.

UNO offers many activities for students interested in criminal justice, said Chris Pechnik, assistant editor of a monthly newsletter by the Criminal Justice Student Organization (CJSO). She said the CJSO brings in speakers, holds meetings and sponsors various social events.

Minorities target of recruitment

By Tim Rohwer

Recruiting more minority officers in the United States Air Force is the focus of a new nationwide campaign.

Lee Bloom, a 2nd lieutenant in the Air Force and a minority recruiter, said the Air Force wants more minority officers since they currently make up less of than one percent of the total number of officers. She said the Air Force hopes to increase that number to at least seven percent in the next few years.

Bloom is one of 16 minority recruiters nationwide under the new campaign. She visited Omaha recently to talk with prospective students concerning a new scholarship that's easier and quicker to receive than those available in the past.

"It's considered an express scholarship. It's available for students already in college, but who need financial aid. It's more flexible and quicker to obtain. It's a good opportunity for minorities," Bloom said.

She said the Air Force hopes the new scholarship program will encourage students, espe-

cially high school minority students, to consider going to college.

To be an officer in the Air Force, Bloom said individuals must have graduated from a four-year college and have at least a 2.5 grade point average. They must also pass certain physical requirements. Attending college is not a requirement for enlisting in the Air Force.

Bloom said the recruiters not only talk to students about the new scholarship program, but also try to dispel many misconceptions about life in the military.

"There's big misconceptions that there aren't opportunities for women and minorities," Bloom said. "Women can be nurses and pilots that fly in non-combat missions. There's a misconception that you can't get married. The military is a great lifestyle and the benefits are better than in the civilian sector. The students are simply misinformed."

Bloom, who graduated from West Virginia University in June of this year with a degree in journalism, said there are many opportunities in her field in the Air Force.

From Newhouse page 1

length of a table in the Student Center's Caboose lounge.

Newhouse responded by showing the banner in question and said it was not long enough to cover an entire table.

Other grievances were addressed in which a student wearing stickers and passing out flyers supporting Newhouse was allegedly seen talking to a voter inside the restricted polling area.

In basing its decision Monday, Fargher said the commission felt Newhouse did have

responsibility for her supporters.

"Jennifer said she had only one person working for her and yet there were other people clearly acting on her behalf, and she denied it. We felt she is fully responsible for her supporters," he said.

Fargher said Newhouse can either appeal the commission's decision or pay the fine before she takes office in January.

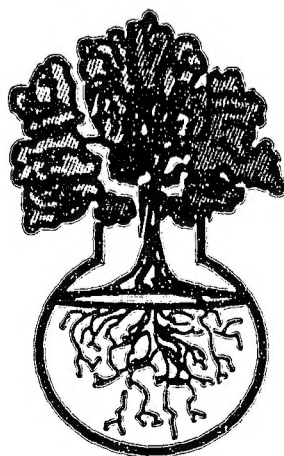
Responding to the commission's decision, Newhouse said, "I will appeal at the very least and will go through the administration."

GET TO THE ROOTS OF SCIENCE....

Horticulture 2210, "PLANT PROPAGATION"

CALL NO: HORT 2835
Plant Propagation / Lab
Lecture: 1:00 - 2:00, Tuesday/Thursday
With lab following 2:00 - 5:00 Thurs.
3 Credit Hours

Taught By: Dr. Sotero Salac,
Associate Professor,
Horticulture



This course is directed toward non-science majors and has no prerequisites. It is recognized as a natural science course by the College of Arts and Sciences, Business Administration, Home Economics and Teachers College at UNL and UNO.

UNO INFORMATION PHONES



- Campus Security
- Faculty & Staff locations
- Campus phone numbers
- General Information

For your safety and convenience there is at least one **CAMPUS PHONE** in each major building.

* The information operator is ready to assist you.

You can also stop by the information window in Eppley Administration Building for answers to your questions, free notary services, information, schedules, brochures, etc.

* You can also call 911 or Campus Security (554-2648 or 554-2911) from 33 campus pay phones free.

he said. "The real problem that I see with cigarettes is that they are very addictive. People can't stop. The vast majority of people want to stop smoking, the problem is that nicotine is a very addictive agent."

Kessler said the vast majority of people want to stop smoking, the problem is that nicotine is a very addictive agent.

"Anything we can do that reduces smoking is a great idea," he said, "but nothing is a perfect panacea. Everything has certain risks to it."

Once people are able to quit, McIlvain said, "most feel really good about themselves and what they have been able to do. Even though for most people cigarettes feel like a friend, at some point if they decide to quit, they realize that the friend is not a friend, because it has more control over them than they have over it."

For the majority of "quitters," there is a real sense of release after smoking cessation, according to McIlvain. To get past the cravings usually six months to a year at least, she said.

"There's a real feeling of freedom that goes along with not having to smoke," McIlvain said.

Many health benefits await those who quit, said Dr. David O'Dell, assistant professor of internal medicine at the Medical Center.

"People's wind improves," he said. "They can walk farther without becoming short of breath or having claudication (leg pain secondary to diminished oxygen delivery)."

Another physical benefit is that chronic, terrible coughs get better because they get rid of the constant irritant, he said.

If they're suffering from angina (pain secondary to inadequate blood flow to the heart) they'll often times get some reprieve because more of their blood cells are able to carry oxygen, rather than toxins, he said.

With regard to cancer risk, O'Dell said, "people's risk never goes back completely to that of non-smokers," he said, "but the risk does fall, and after about 10 years, approaches that of non-smokers."

The effects of emphysema don't disap-

pear, O'Dell said, but the rate of progression is slower in an ex-smoker than in a smoker.

Another reason for quitting is the concern about second-hand smoke, he said. This is smoke inhaled involuntarily by non-smokers who find themselves in the presence of the smoke from cigarettes.

"Children of smokers have an increased incidence of many problems," he said, "including earaches and upper respiratory infections, as well as bronchitis and pneumonia."

Mark Welsh, President of the Group to Alleviate Smoking Pollution of Nebraska (GASP) said,

"For every eight smokers who die because of their habit, one non-smoker dies as a result of being forced to breathe other people's smoke," he said.

Welsh said of the over 47,000 chemicals in smoke, 43 are known carcinogens and make the smoke very toxic.

"This smoke wouldn't be allowed to come out of any factory smokestack in the country," he said, "but it pours out into enclosed offices throughout our nation."

On this issue, the ACS says, "undiluted

sidestream smoke has significantly higher concentrations of the toxic and carcinogenic compounds found in mainstream smoke."

Welsh offered one explanation for this. "As people inhale, the increased intensity of the cigarette's ember creates a more complete combustion for the inhaled smoke than for the smoke released as a cigarette burns in the ashtray, where most of the cigarette actually burns," he said.

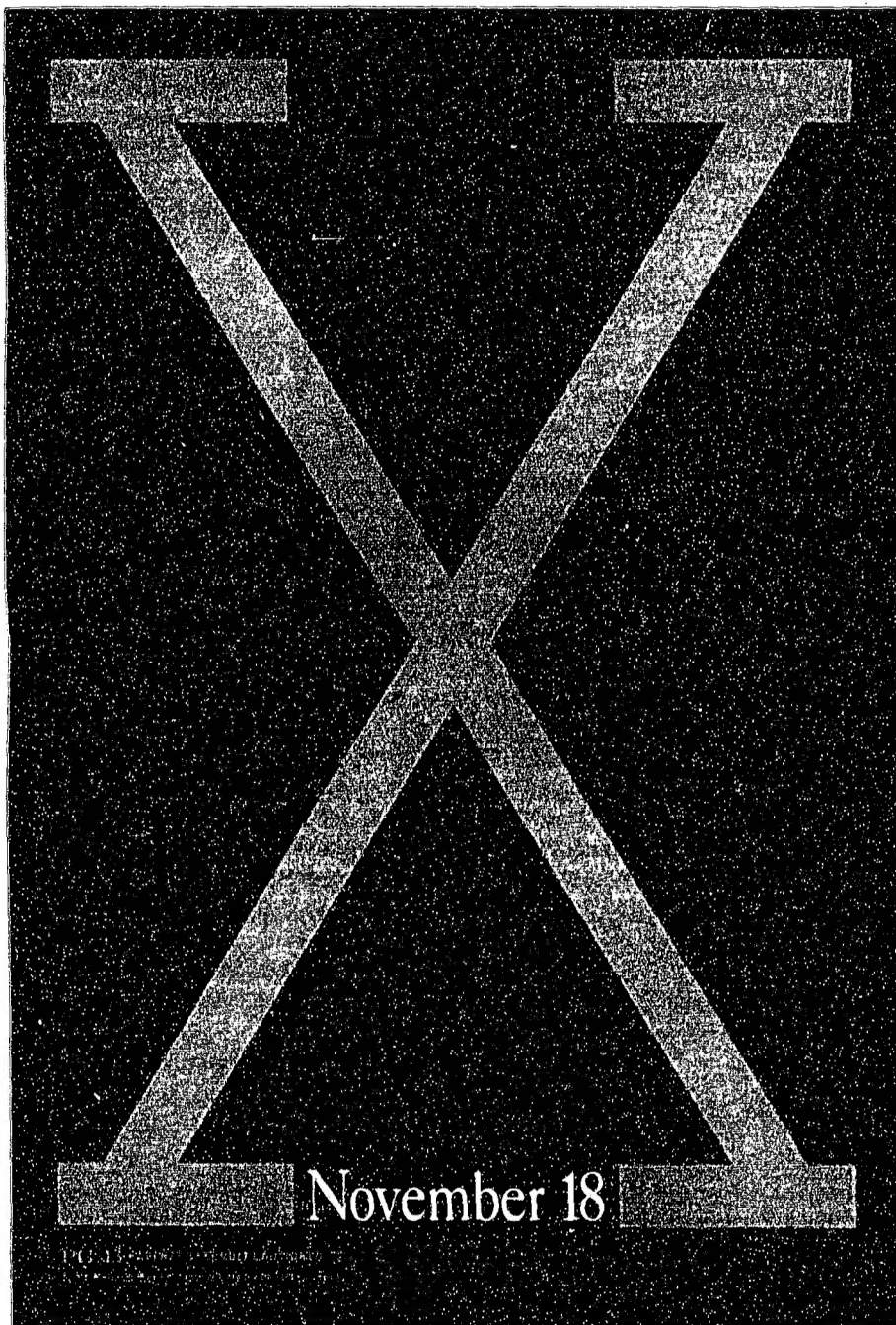
Welsh said that second-hand smoke poses health hazards for children as well as adults.

"A study has shown that when children are exposed to the smoke of 10 or more cigarettes a day, compared with none, their chances of becoming asthmatic doubles," he said. "Many people consider this child abuse."

He also said that other problems have been attributed to second-hand smoke, such as impaired circulation, including strokes and heart disease.

Welsh points out that the entire problem of involuntary smoking would be eliminated with the elimination of smoking.

O'Dell and others agree that although not all of smoking's ill effects can be reversed with cessation, many, they say, can be improved.



When you're addicted to caffeine, withdrawal is characterized by headaches. T or F

Sugar causes hyperactivity. T or F

Microwave ovens bombard the food with high energy ionizing radiation; hence the term "Nuke It" T or F

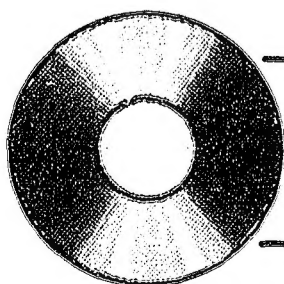
For the correct answers enroll in: the Science of Food 1310(3 cr) T Th 11:30-12:45

Food Science and Technology FSCI 2167
Nutritional Science and Dietetics HNFM 2703

This course is directed toward non-science majors and has no prerequisites. It is recognized as a Natural Science course by the Colleges of Arts and Sciences, Business Administration, Home Economics and Teachers College at UNL and UNO.

In Store This Week

Great New Hits



KENNY G,
ICE CUBE & GENESIS

Cs. \$6.97 / CD \$10.97

We are a
VICKI MASTER
location

30th & Farnam • 138th & Q-Millard Plz • 80th & Dodge • 144th & Center-Harvey Oaks

Pickles
CD'S & TAPES

SEE THE STAFF AT THE UNIVERSITY MEDICAL ASSOCIATES EYE CLINIC!

A full-time optometrist is now on hand to provide contact lens fittings and low vision exams. To celebrate this special addition, the Eye Clinic is pleased to offer all UNMC, UNO and UNL faculty, students and their immediate families, the following services during November and December, 1992, and January, 1993:

Routine Eye Exam.....\$35.00

Discount on all NEW glasses prescriptions
ordered at Benson Optical.....\$35.00

Routine Eye Exam, Contact Lens Fit, 1 pair of
disposable lenses, 1 follow-up visit.....\$115.00

Call 559-4063 and make your appointment today.

3925 Dewey
Omaha, NE
68105

UNIVERSITY
MEDICAL
ASSOCIATES



University
of Nebraska
Medical Center

SPORTS

Fourth quarter field goals sink Mavs

By Lance Braun

Place kicker Tom Akers got the University of South Dakota (USD) off on the right foot against UNO.

Akers booted three field goals and USD scored 10 fourth quarter points as the Coyotes rallied past the Mavs and posted a 25-22 victory in the final game of the season for both teams.

Saturday's game, played in front of 1,400 fans at Caniglia Field, saw both teams close out the season with 2-9 records. UNO finished with an 0-9 record in the North Central Conference (NCC), while South Dakota picked up its first conference win to close at 1-8 in the NCC.

"When you go through a year like we've had, it can be like a big weight lifted off your shoulders when the season is over," said Scott Grogan, UNO defensive coordinator.

"You start thinking about the future — about recruiting, and places where you need to make improvements," he said.

USD scored its only points of the first quarter on its first possession of the game. Two UNO penalties put the Coyotes in field goal range, and Akers connected from 33 yards away, giving the Coyotes a 3-0 lead.

Early in the second period, Mav defensive back Rodney Bradley took matters into his own hands as he caught a fumble by USD's Greg Robinson and raced 78 yards for a touchdown. Kevin McMinder hit the extra point to give the Mavs a 7-3 lead.

South Dakota answered on its next possession by marching 65 yards in seven plays. Robinson made up for his earlier fumble by hauling in a 37-yard pass from quarterback Jason Suerer. Three plays later, running back John Boyd scored from three yards out. Akers' extra point attempt was good, and the Coyotes had regained the lead at 10-7.

South Dakota scored again three minutes later without even touching the ball.

A fumble by Mav quarterback Rodney Brown deep in UNO territory rolled through the back of the end zone, giving South Dakota a two-point safety and increasing their lead to 12-7.

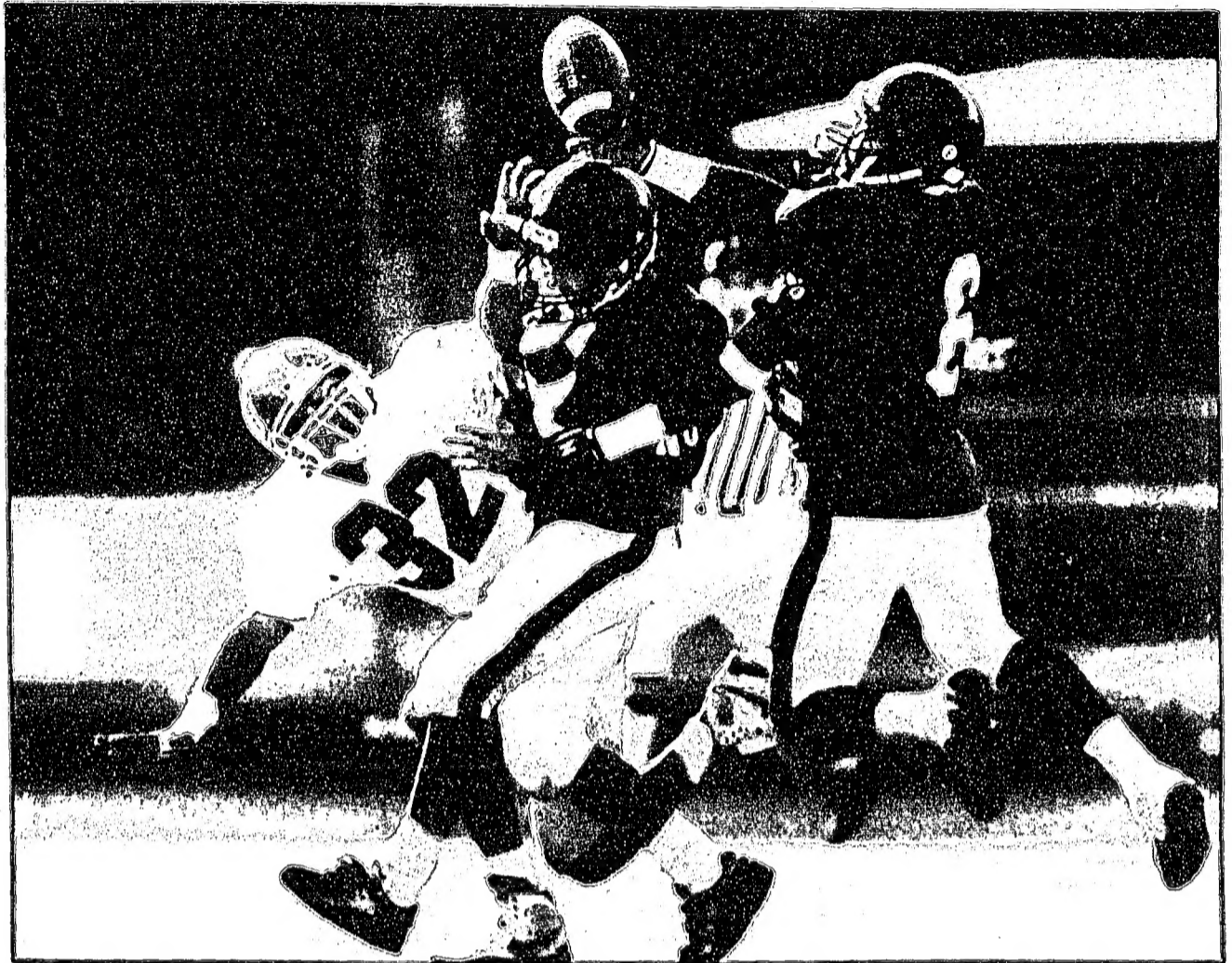
Bradley again came to the rescue by recovering a fumble. The recovery, combined with a USD personal foul penalty, gave UNO the ball on the Coyote 14-yard line.

Two plays later, Brown called his own number and scored from a yard away. Brown completed the two-point conversion pass to wide receiver Todd Hurt, giving the Mavs a 15-12 lead going into intermission.

Akers tied the game on USD's first possession of the third quarter with his second field goal of the game. South Dakota had driven 58 yards to UNO's 8, but the drive stalled. Akers' 25-yarder sailed through the uprights, tying the game at 15-15.

UNO started driving late in the quarter after recovering a fumble at the USD 49.

On second and 20 at the 49, running back Maurad Cave exploded off right tackle for a 30-yard gain to South Dakota's 19-yard line.



—Ed Carlson

UNO defensive back Rodney Bradley, No. 6, tries for his 15th career interception while teammate Byron Johnson, No. 22, covers a South Dakota receiver.

Five plays later, Brown scored his second touchdown on a 2-yard keeper to put the Mavs back on top. Kevin McMinder's extra point made the score 22-15 with 13:15 left in the ball game.

The Coyotes took the ball on the following possession and drove 71 yards in 12 plays, eating close to seven minutes off the clock. The drive stalled at the Mav 9, and Akers drilled a 26-yard field goal to cut UNO's lead to 22-18.

Disaster struck on UNO's next possession. The Mavs failed to get a first down, and Brian Ruch's punt was returned by the UNO's 21-yard line by USD return man Tom Menage.

The Coyotes covered the 21 yards in one play as Suerer hit receiver Bob Needham for the touchdown. Akers drilled the point after, giving South Dakota a 25-22 edge with five minutes left in the game.

Grogan said that drive was indicative of the way the season has gone.

"That is the same sort of thing that has been our nemesis all year. It seems like we find a way to give up a big play," he said.

The Mavs had two more chances down the stretch. One drive died after a fumble at the Coyote 47, and the other ended when Brown was intercepted in Coyote territory with 34 seconds left in the game.

"After a season like this, you have to find out what happened," Grogan said. "It starts with the coaches, and then works its way on down. There were actually some positives that we got out of each game. It may be tough for the average fan to imagine that there were some positives, but they are there, and that's what we have to build on for next year."



Lady Mavs Shannon Hop, left, and Denise Otten in action last weekend. UNO improved to 25-11 after defeating No. 9 Augustana and South Dakota State.

From Lady Mavs, page 1

the Lady Mavs. Sophomore Kevin Campbell had 24 digs and seven kills, and junior Laura Kelly had 13 kills and eight digs. Hop had 39 set assists and junior Dawn Hottovy, in addition to 10 digs and six kills, had six blocks.

Kelly said the Lady Mavs were not intimidated by the No. 9 Vikings.

"We were confident going into the match. We knew we could get the job done," she said.

The Lady Mavs got the job done on Saturday, too, but had a tougher time.

UNO was forced to come from behind in all three games against South Dakota State, 14-8 and 1-8, but still managed to sweep the Jackrabbits.

In the third game, the Lady Mavs fell behind 11-2, but refused to concede the game.

UNO fought back to tie the game at 11, then survived three game points to win 16-14.

"We put a lot of preparation and all of our energy into Friday night, so there may have been a bit of a letdown," said Hop. "But we knew that was going to be the case, so we had to focus and struggle to get up for it," she said.

"Our passing broke down some because we slacked off a little bit," said Hottovy. "If

we pass well, our offense runs well. I don't remember what was said during that third game rally, but we were all determined not to go four games," she said.

Monahan paced UNO with 17 kills, 21 digs, and two service aces. Kelly added 10 kills, 16 digs, four blocks, and two aces. Campbell had nine kills and 15 digs, and Hop contributed 32 set assists.

The wins pushed the Lady Mavs into a tie with Augustana for third place in the final regular season conference standings. Because of the head-to-head victory over the Vikings, UNO will have the No. 3 seed in this weekend's NCC Tournament. Their first opponent will be seventh-seeded Morningside.

The victories also guarantee the Lady Mavs an at-large bid to the NCAA Regionals should they fail to win the NCC Tournament. The winner of the tournament gets an automatic berth in the regionals, with the second through fourth teams in the conference standings getting at-large bids.

The NCC Tournament will be held Friday and Saturday in Fargo, N.D.

SPORTS

Former Maverick remembers the good old days

By Daren Schrat

Al Caniglia was his coach. C.T. Hewgley was his coach. Bill Danenhauer was his coach.

Each of these UNO head coaches made a lasting impression on former UNO wide receiver Ed Kresl, who played for the Mavs from 1972-75.

After his football career ended, Kresl earned his degree in secondary education with his teaching fields in physical education and journalism. He worked as a counselor at Boys Town for two years. Today Kresl, 38, is the owner of the bar Beer City on 42nd and L streets.

Kresl lettered in baseball and basketball in addition to football at Omaha Gross High. Kresl's first love was baseball, but he walked on at UNO after being asked to choose between the two sports.

Kresl played sparingly, mostly on special teams until becoming a starter in his junior year, the only season Kresl was a starter. He lost his starting job his senior year.

"That's when Danny Fulton came and I got pushed back. He

Where are they now

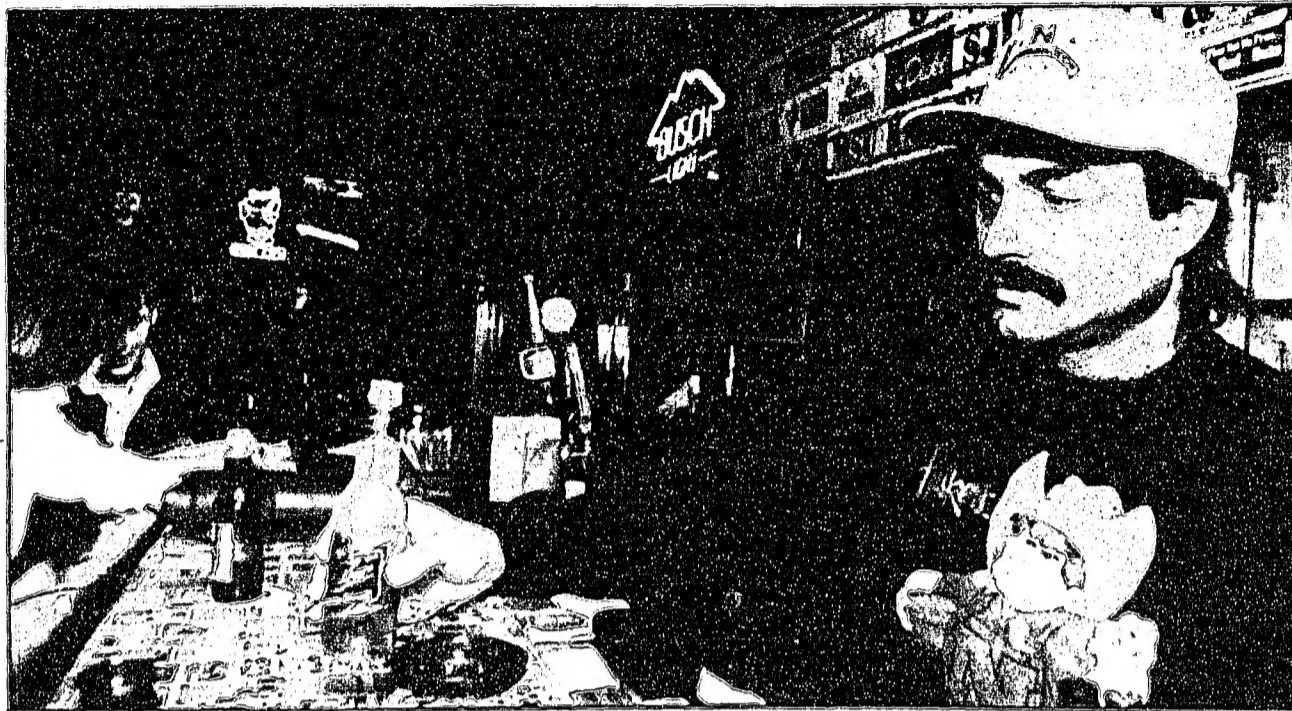
was the most talented player I've ever seen," he said.

Fulton went on to become the all-time career receiver in UNO history.

Kresl said each of his coaches approached football and life differently. He said Caniglia was a tough, firm coach that "went by the book," but gave everyone a fair deal if they worked hard. Caniglia stressed the importance of earning a degree to his players.

"He'd look into the stands and tell you, 'one year after you walk out of here, everybody in the stands will forget you. Get your education'," he said.

Kresl remembers when the artificial turf at University Stadium was being installed. The Mavs practiced at Ak-Sar-Ben and played their home games at Rosenblatt Stadium. The Mavs played the final game of the 1973 season on artificial turf for the first time. It was Caniglia's last game.



-Ed Carlson

Ed Kresl works behind his bar, Beer City. He played for three different coaches at UNO.

In February 1974, Caniglia died of a heart attack.

"It was a big shock. Everybody loved Al. He was like a step-father to us, especially to the seniors," he said.

With the loss of Caniglia, the Mav football team faced uncertainty.

"Nobody knew what was going to happen. The seniors wondered about their starting jobs, a new coach would change everything and they'd lose their positions," Kresl said.

The heir to Caniglia's position was C.T. Hewgley. Kresl said Hewgley was full of ideas, and one was to have the players watch motivation tapes.

"Hewgley was big into conditioning, especially cardiovascular and weight training," he said.

The Mavs slipped from a 7-2-1 record to 3-7. Hewgley was fired at the end of the 1974 season.

"I learned how tough the world can be when he got fired. He made you work hard. You could see it in his eyes that he wanted us to win," Kresl said.

"I'll never forget what he said a day after he got fired. 'Don't ever sign a one-year contract.' It was my first shock that life isn't fair."

Danenhauer was Kresl's last coach. The Mavs continued to slide as Danenhauer compiled an 8-23-2 record from 1975-77.

Kresl said his most memorable game was against Abilene Christian when he caught three passes in a row.

"I did a lot of blocking during my career," he said.

Kresl said participating in team sports gave him an edge in life and running his business.

"Team sports always taught me nothing is going to happen unless you do it. You can't wait for the next guy."

Football positions can be confusing to anyone who is not an avid fan

After you watch enough football, you start to wonder how someone, who doesn't know or care about the game, perceives it.

For instance, look at the names of some of the positions. Where did the term quarterback come from? Is he only a fourth of a back? It doesn't make sense. The quarterback is the most important position in football and he is just a fourth of a back.

Then you have the backfield. Halfback. Fullback. This means you have one complete back and half of another. So the offensive backfield is one-and-three-quarters.

Then you have the offensive line, the guys that do all the blocking. So why is there an

offensive tackle? He is supposed to block, not tackle. No wonder there are so many holding calls; some offensive tackles get confused with the name of their position and tackle a tackler. Then there is the guard. Since when does basketball get involved?

The receivers' titles make sense. The tight end plays close to the offensive line. The split end is far away from the line. But where did flankerback come from? Now what is he going

to be, a back or an end? He's both. You can do that.

The names of defensive positions appear to make more sense. Linebackers back the defensive line. Defensive tackles are supposed to make tackles. But what about the nose guard? Not basketball again. They must stand around holding their noses on every play, and they even wear a full face mask on their helmets. No wonder they don't make a lot of tackles.

The secondary positions are less confusing. Cornerbacks cover both corners of offense. But are safeties the most careful players? They stand far away from the action. There used to be a monsterback. I guess that was for games that fell on Halloween.

The specialists are another story. You have a punter and a kicker, but they both kick. If the punter gets belted while punting, it is a roughing the kicker penalty. How could the kicker get roughed when he was on the sideline kicking a football into a little net? But there is no roughing the punter penalty.

See Position, page 11

DAREN SCHRAT SPORTS COLUMNIST

LIVE MUSIC THURSDAY NIGHTS

Performing This Thursday, Nov. 19th

Lash LaRue

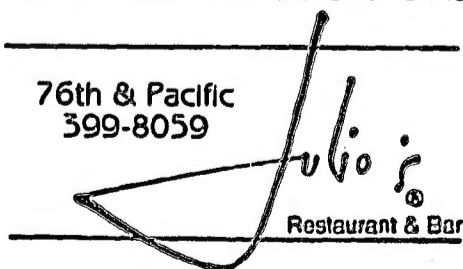
&

the Rage

Dec. 3 LA Blues

Dec. 10 Lash-LaRue & the Rage

76th & Pacific
399-8059



1993 BSN
Students

Enter the Air Force immediately after graduation — without waiting for the results of your State Boards. You can earn great benefits as an Air Force nurse officer. And if selected during your senior year, you may qualify for a five-month internship at a major Air Force medical facility. To apply, you'll need an overall 2.50 GPA. Serve your country while you serve your career.

USAF HEALTH PROFESSIONS
TOLL FREE
1-800-423-USAF

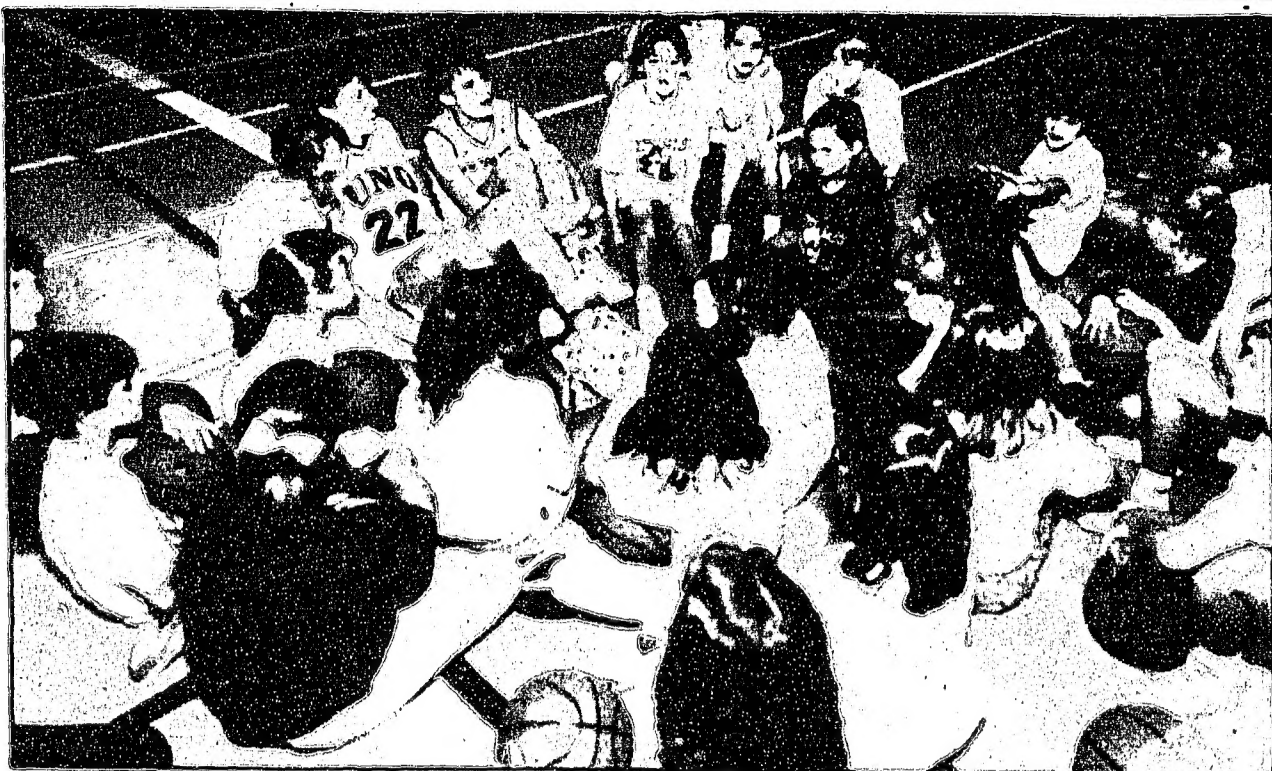


Attention all UNO Students:

Scholarship applications are now available for the 1993-94 academic year.

To be considered for scholarship eligibility, a scholarship application must be completed & returned to the UNO Office of Financial Aid before December 1st, 1992

SPORTS



Advice from the Lady Mavs

—Ed Carlson

Lady Mav forward Roxanne Wiles, #22, gives advice to a group of Hoopsters Saturday at the Fieldhouse.

From Position page 10

Along with their calls, officials are also confusing. You have a backjudge who watches from the one-and-three-quarter backfield. You have a linejudge who checks to see if any offensive tackles tackle. You have field judge who makes sure the safeties have their mouthpieces in and the linesman hang around with the linebackers.

Then there is more confusion. You have a referee. Basketball again! There is an umpire. Now baseball enters the scene. And what about their goofy looking uniforms. They don't look like judges to me.

People who know football don't have this problem. But those who don't understand the game may have a legitimate gripe. Too bad, all of us football fans won't let them turn the channel from Monday Night Football to watch Northern Exposure. Right Frank? Right Al? Right Dan?

Womens Services P.C. ABORTION CARE

Safe, Affordable, Confidential

• Abortion Services Performed During All Legal Stages • Awake or Asleep • Birth Control • Out-patient Care • Caring Staff

Board Certified OB-GYN Physicians
G.W. Orr, M.D., F.A.C.O.G.
C.J. LaBenz, M.D., F.A.C.O.G.

201 South 48th St.
Omaha, NE 68132
554-0110 • 1-800-922-8331

SAVE \$\$\$ ON MUSIC

1,000'S OF CLEAN USED CD'S, TAPES, & RECORDS.

LOW PRICES

NEW PUNK ROCK ON VINYL AND TAPE

THE ANTIQUARIUM
1215 HARNEY
OLD MARKET

SPRING BREAKS

PRICES FOR STAY—NOT PER NIGHT!	
SOUTH PADRE ISLAND 5 AND 7 NIGHTS	\$109
DAYTONA BEACH 5 AND 7 NIGHTS	\$68
PANAMA CITY BEACH 5 AND 7 NIGHTS	\$81
STEAMBOAT 2, 5 AND 7 NIGHTS	\$129
MUSTANG ISLAND / PORT ARANSAS 5 AND 7 NIGHTS	\$132
HILTON HEAD ISLAND 5 AND 7 NIGHTS	\$121
FORT LAUDERDALE 5 AND 7 NIGHTS	\$146

12th Annual Party!

TOLL FREE INFORMATION & RESERVATIONS
1-800-321-5911

Complete Service Salon HAIRITAGE STYLING

6918 DODGE
Hair Styling, Hair Replacement, Perms, etc.
Located behind Perkins
Ask for stylists Paul or Dennis

Tues.-Fri. 8 a.m.-6 p.m.
Sat. 8 a.m. to 5 p.m.
Appointments 551-3900

ROFFER

Talk to Someone Who Cares...

Planned Parenthood of Omaha-Council Bluffs

- Free Pregnancy Testing
- Birth Control Supplies
- Low-Cost Services
- Complete Confidentiality

In Omaha:
13931 Gold Circle • 333-2050
4810 Dodge St. • 554-1040
6415 Ames Ave. • 455-2121
PREGNANCY HELPLINE • 1-800-669-8088



ARE YOU LATE?

- Free pregnancy testing
- Options counseling
- Abortion procedures to 14 weeks
- Saturday Appointments at all
- Student Discount
- Visa, Mastercard

WOMEN'S MEDICAL CENTER OF NEBRASKA
4930 "L" Street
Omaha, NE 68117
(402) 734-7500
(800) 877-6337, toll free outside NE



Sculptured Nails Training Center

4 weeks only:
Student discount for training models \$18 for Acrylic nails
call for an appointment 397-5095
7369 Pacific (Oak Plz.)

Located in Sculptured Nails at Kathryn's.

CLASSIFIEDS

NOTICE

The Gateway reserves the right to properly classify, edit, or reject advertising which does not comply with the policies and judgments of the newspaper.

Advertising will be rejected that discriminates based on age, race, color, national origin, religion, sex, disability or marital status.

HELP WANTED

EARN \$80-\$100 A DAY
If you're 19+ years of age, healthy and interested in participating in medically supervised research, call 653-8274

National company seeks on-campus reps to post material. Commission paid for each completed application. Work few hours, on your own time. Call 1-800-758-0918 EST

Post flyers. Immediate Opening. 2-4 hrs/wk. \$50-200/mo. 800-943-2829 Ext. 4.

\$\$\$\$, FREE TRAVEL AND RESUME EXPERIENCE!
Individuals and Student Organizations wanted to promote SPRING BREAK, call the nation's leader. Inter-Campus Programs 1-800-327-0013.

HELP WANTED

UPS DELIVERS EDUCATION
United Parcel Service offers up to \$9/hr and excellent benefits for part-time positions. We are accepting applications for M-F shifts from 11pm-3am as well as M-F shifts from 4:30am-8:30am. A great way to work through school. Contact Student Part-time Employment, Eppley 111, to set up an interview. UPS is an equal opportunity employer.

The Ceele Company
Here's the perfect job for college students. Low stress, flexible hours, good wages, clean setting. We can help you through college. Apply in person at Crossroads or Oakview Mall foodcourt.

SPRING BREAKERS
Promote our Florida Spring Break packages. Earn money and free trips. Call Campus Marketing. 800-423-5284

TYPING SERVICES

TYPING PRO
Term papers, resumes, flyers—laser printed \$1.75/pg Renate 573-1014.

Typing & Wordprocessing Academic, Business, Etc. \$ 1.25/Dble spaced page UNO area 651-2918 Karen

TYPING SERVICES

DEBBIE'S TYPING SERVICE
APA reports-term papers \$150-300/page. Laser printed. Quick and reliable. Call 393-7481

Typing & Wordprocessing Academic, Business, Etc. \$1.25/Dble spaced page UNO Area 651-2918

Audrey, 608/Dodge, 397-0617
Papers/theses/resumes/letters/flyers/etc. Former English teacher edits/spellchecks.

R.S.P. Reliable Typing
Fast! APA/MLA Experience; College papers \$1.65/pg Resumes \$20; Call 334-7452

Word processing, laser printer, spellcheck, quick service, will pick-up. 488-2108 Tammy

SHORT NOTICE SPECIALISTS

*Typed *Spell-Checked *Proofread Same day service available on first come, first served basis
SECRETARIAL SUPPORT SERVICES
73rd & Pacific, 397-7888.

TYPING SERVICES

PROFESSIONAL TYPING
WP 5.1/LASER PRINTER \$150 Dbl. SP. PG. 381-7820

Term papers due? Save time/\$\$ Improve your grade. Have your papers typed by a pro. Will check spelling, grammar etc. Call Carrie 493-1903.

ADOPTION

FREE PREGNANCY TESTS
No appt. needed 5001 Leavenworth M-T 6pm-8pm, WTHFS 10am-1pm OR Bergen Mercy Hospital, Rm. 309 TW TH 2-5pm
EMERGENCY PREGNANCY SERVICE 654-1000

Pregnant?
No pressure; no lectures. Just help, a safe place to talk. **NEBRASKA CHILDREN'S HOME**
3549 Fontenelle Blvd. 451-0787 Ask for Karen or Deb

Pregnant and wondering what to do? We provide free professional counseling to help you explore your feelings and options. Full range of pregnancy and adoption services. Call Jewish Family Service at 330-2024.

FOR RENT

STUDENTS
Modern Studios, 1 bdrm, & 2 bdrm apartments. Secure environment, Laundry facilities on site. For more info, call the Conant 346-2234.

Modern, clean 1 and 2 bedrooms redecorated, heat paid. See to appreciate. 3505 California, 3325 California or 3115 No. 34 St. Please call Pat 681-7749 9am-5pm, or 440-0436.

ROOMMATE

Wanted:
Female roommate to share rent & utilities of a 3-bedroom house. Non-smoker, no pets or kids. \$200+. Call 453-4039 and leave message.

HOUSING

Working couple seeks mature non-smoker to assist in before & after school supervision of school-age children in east Regency area. Private living quarter & bath available after Nov 25th. Weekday phone 337-3400

APTS, HOUSES, and sleeping rms. for rent, roommate lists - call UNO Housing Service 654-2383 or stop in the Admin. Office, Mile Hall Student Center.

SERVICES

We buy used 501 Levi (Button Fly) jeans.
CARLS TAILORS
1000 S 72nd St. (1/2 blk North of Pacific)

Voice and Piano lessons may lead to popularity. Call 656-5103

GROUPS/CLUBS

ATHERIA BBS
The newest BBS in the area. A dedicated, multi-player role-playing adventure game! Up to 9 players at a time can adventure singly or in groups in a vast world consisting of 1000's of rooms, 100's of creatures and items! Complex, real time battle and magic systems! Call today and enter GUEST at the prompt for a free 1 hour visit! Set your modem 1200 or 2400 baud, 8N1, half duplex and dial: 292-1550 Rates as low as \$80/hour.

LOST & FOUND

FOR ITEMS LOST AT UNO
Contact Campus Security, EAB 100, 654-2648. Turned in items can be claimed by a description and proper identification.

LOST & FOUND

Lost:
Single pearl earring. Reward offered. Contact or leave message at 344-7853.

*Ads for items lost & found at UNO will be run at no charge. Form available at the Gateway, Annex 2B.

FOR SALE

For sale:
78 Mercury Monarch 2 door. Runs well. \$300 Call Kim at 381-1008.

Nikon F2 with motor drive. Great for people just getting started in photography. \$300 or best. Call Ed at 654-2470 during bus. hours.

IBM compatible PC. 40 Meg. Hard drive, mouse, monitor, disk, printer and MORE!!!

Best Offer
Call 696-2607 evenings

Advertise in the Gateway Classifieds Call today at 654-2470

Friday Nov. 20, 1992

Forum: "The Destruction of Black Males."

10:00 a.m. - 12:30 p.m.

"New Jack City"

12:30 p.m. - 2:30 p.m.

UNO Ballroom

**WEDNESDAY
NOV. 18TH**

*"How much do
you know about
black history?"*

Game Show

11:00 a.m. - 1 p.m.

MBSC Ballroom

Applications to
participate
may be obtained
from AMS,
Multi-cultural
Affairs, or
SPO offices.
Free pizza
& beverages
will be served.

**Monday,
Nov. 23**

Celebrating

**the Birth of Malcolm X
with voice and song**

featuring:

*Sonia Grayer
& A Speaker from
the Malcolm X
foundation*

**UNO
Ballroom**

People
attending the
events will receive a
FREE Movie ticket
to Indian Hills, which is
currently showing "X": The Movie

